



Lean Foundations 1 day

This highly engaging inhouse workshop, either run onsite or virtually, introduces the main principles, concepts and techniques of Lean Thinking. The programme will help organisations see how they can rapidly tackle 'low hanging fruit' opportunities and achieve fast returns on investment. It will enthuse delegates as they learn to see the waste and improvement opportunities in their business processes.

Who is the course for?

This training is suitable for anyone requiring an introduction to Lean thinking, practices and tools. Typical participants are process managers, process owners and process team members. The course will equip delegates with the knowledge to work effectively on everyday process improvement with some guidance from a Lean Practitioner or Green Belt. The course is equally suitable for transactional and manufacturing environments.

The course is accredited by the Lean Competency System and can optionally lead to LCS Level 1A certification for participants who complete the training and pass the associated knowledge check.



How can I take this course?

This course is delivered in-house as a comprehensive 1-day session. It works well as a physical classroom or virtual classroom experience.

Supporting Materials

Each delegate receives a printed copy of the course slides and our handy Lean Thinking Pocket Guide

Learning outcomes for your business and for your personal development

- An awareness of what Lean is and how it can be applied
- An appreciation that it does not have to be complicated you can start small and start right away
- Simple approaches to work with so you can achieve success and build enthusiasm
- Understanding that everyone has a part to play and what the roles are







Course Content

- Origins of Lean
- Introduction to Change
- Selecting and Scoping the Problem to Solve
- 5 Principles of Lean
 - Understand the customer and their perception of value
 - Value and Waste
 - TIM WOODS
 - o Identify and understand the value stream for each process and the waste within it
 - Value Stream
 - SIPOC
 - o Enable the value to flow
 - Improving process flow
 - Interactive simulation to demonstrate lean tools
 - o Let the customer pull the value through the process according to their needs
 - Pull
 - Kanban
 - Continuously pursue perfection (Continuous Improvement)
 - PDCA
 - Making Problems Visible (5S)
 - Taking Accountability
 - Getting to the root cause (Fishbone Diagram, 5 Whys)
 - Standardised work
 - Summary and Next Steps